

# *Nature Conservation*

Conservation. Isn't it funny how for nearly four billion years a blue ball, smaller than the size of a rice grain has been rotating in our universe, with its own cycle, with its very own way of life that was nearly perfect. And yet somehow, our species managed to disrupt that cycle in less than a thousand years. Maybe we disrupted the cycle unconsciously, or perhaps we disrupted it in the process of overexploiting resources that were once available at our every beck and call or perhaps because we weren't concerned enough about the future of our planet and its residents. We believed that this planet would always regenerate itself and thrive to the fullest no matter how much we trampled upon it. Thankfully in the fateful decade of the 1960's we began to look beyond our mental block, acknowledging the extinction of various species. Realise that a countless number of creatures were suffering because of the unethical actions we took and take. However, hope is one thing that never fails us. Today, we all clutch onto the jaws of hope, hoping for a better planet, for a better place for us and those to come. The thing about hope is that it's contagious, like laughter. And now most people really do want help save, nurture and take care of our environment. When I first heard of nature conservation I assumed that only grown ups could do it, through working for organisations spread across the globe; but I soon realised there is more to it than just working for NGOs, that *I* can help conserve nature, that the tiny little things I do make a difference. Here is what I do and perhaps what anyone else can do with just a little effort.

## **Choose sustainable daily wear items:**

We can opt for using reusable bottles rather than disposable ones, buying rechargeable batteries and not the ones that die within a month, purchase things that run on solar energy, and to a certain extent use renewable energy as well. With such sustainable daily use items our trash generation is sure to decrease, and the landfills that once had plastic bags and bottles, will over time can and should be converted into forests and other dense foliage of greenery.

## **Help create effortless compost:**

Instead of littering the sidewalk or roads with watermelon rinds and banana peels, throw them near the roots of trees and plants. It will soon degrade and then serve as an excellent source of nutrition to the plants on the sidewalk, and you haven't littered the road either!

## **Eat food that is locally available:**

As odd as it may seem, eating food that is native and locally grown has a higher health quotient rather than exotic foods from distant places. ( This motive will also help decrease global warming) Demand for the local produce ensures that the healthy native breeds flourish, making sure we need not consume genetically modified versions of the same vegetable

## **. PLANT A TREE!!!**

It's the least you can do!

~ Rhea Reddy