

Halloween Celebration "Wear your Fear" *October Highlights* Morning reading club  
Grade 6 started a book club and spoke about the importance of reading and how it transforms them  
Diwali Celebration "Good over Evil"

**From the desk of HOS**  
 "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. You're playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others." Nelson Mandela  
 Greetings from the desk of the Head of School and welcome to the October edition of The Sarvalokaa Imprint. This month has been an inspiration in itself. The students have showcased creativity, leadership and compassion when taking forward the school events and academics. The depth of holistic learning and assessment has been successfully projected by our teachers. The soul of Sarvalokaa is stronger than ever. We want to thank all the parents for their valuable contributions in making us stronger.



## "Wear your Fear"

Halloween Celebration - OCT 2019

Halloween celebration in the school helped the children to face their fears. They were encouraged to dress up in costumes that represented their fears. Wearing it, accepting it and overcoming it was the theme behind the Halloween celebration. Children actively participated in creating decorations for the same.

- Grade 3



As part of the Halloween celebration students enjoyed making their own costumes using their old clothes. They also designed and decorated the classroom.

- Grade 1



The theme for this year's Halloween, "Wear your Fear" gave the students the idea of embracing who they are completely along with their fears. It was fun and exciting to see how parents also dressed up and spoke about their fears. Students enjoyed the day filled with stories that echoed the idea of bravery and courage over fear and timidity and about the history of Halloween. Grade 2 also integrated literacy and numeracy with Halloween to create decor with shapes and reading comprehension passages on Halloween.

- Grade 2



Reyansh won first prize in a Halloween competition at his sister's school. He was awarded the most creative costume and boy. Was it innovative! Congratulations!!

- Grade 4

# “Good over Evil”

Diwali Celebration - OCT 2019



We came in traditional attires to celebrate Diwali at CSE. Teachers planned for a shadow puppet show for the students to understand the essence of the festival along with fun activities like diya painting, henna art and making a dessert that looked like diyas.

We integrated Math into the festive mood and created a rangoli made out of tangrams!

**- Grade 2**

Preparation for Diwali celebration was taken up in earnest by the children of Grade 3. The children wanted to create an awareness about the ill effects of bursting crackers which results in air and noise pollution. They created posters to convey the message of eco-friendly Diwali celebration. Students spoke about bursting eco-friendly Green crackers, using clay diyas instead of plastic serial lights, avoiding single use plastics and also on spreading the love and joy of Diwali by sharing with the less privileged.

Children also wrote their own script, for a role play in which they enacted the story of Naragasura and Lord Krishna. The victory of good over evil as the reason behind the celebration of festival of lights was brought out beautifully by the children. They also understood that they have to inculcate good attitude and behaviour in themselves and take responsibility for and be mindful of the environment and the world they live in.

**- Grade 3**



## *The essence of Diwali :*

The students of grade 4 wrote their very own story about the essence of Diwali. The story was titled ‘The best way to defeat your enemy is to make them your friend’. They told their story to the whole school with gestures and expressions. They gave out a clear message to everyone that Diwali is all about doing good, always!

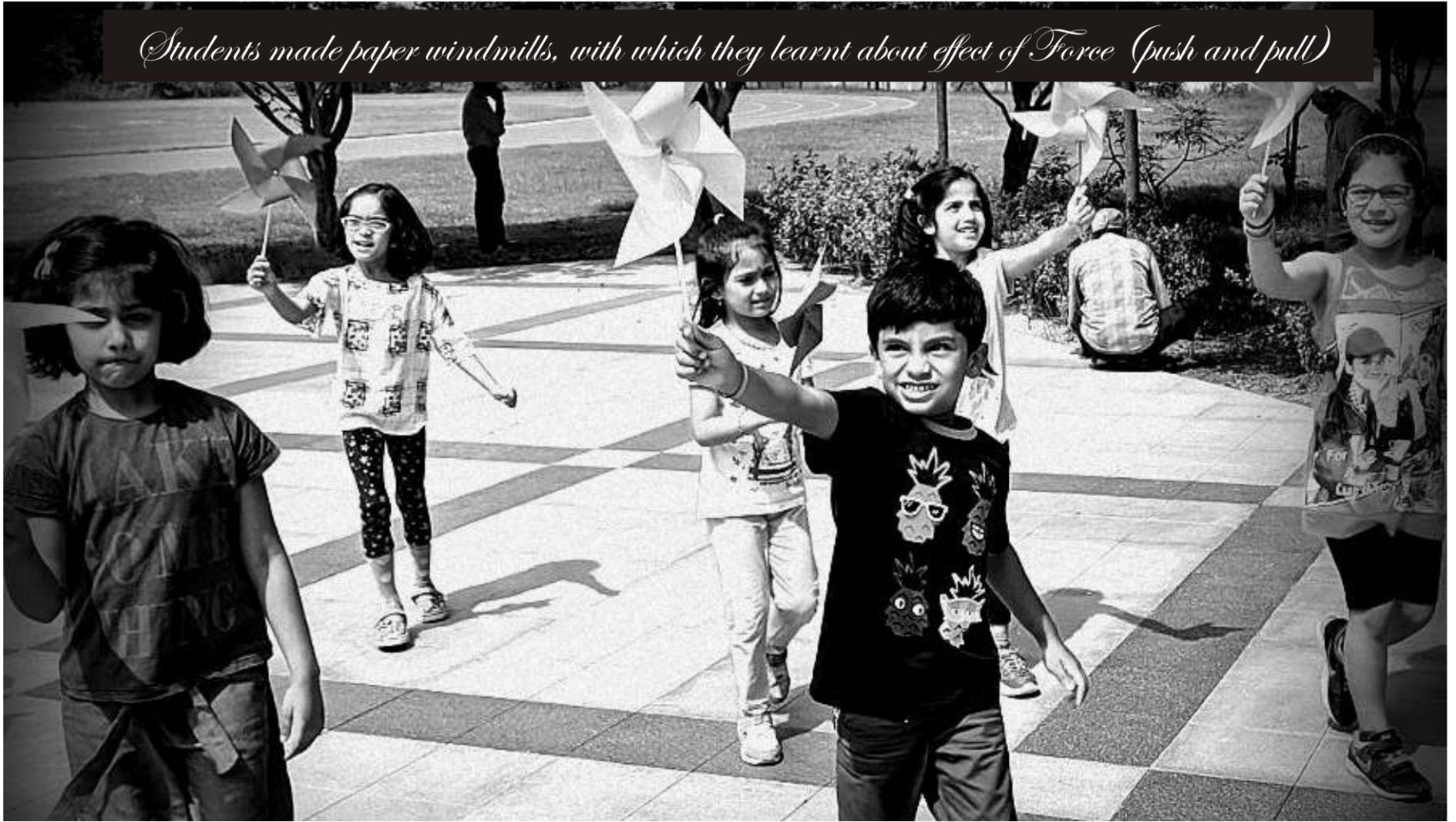
Kindergarten celebrated Diwali by embracing light and color.





*Grade 1:*

*Students made paper windmills, with which they learnt about effect of Force (push and pull)*



*Creating a city model*

As a part of their learning students brainstormed and came up with an idea to plan a city and build a model of it. As a part of the integration students designed different signs and even discussed about the different roles people play in their city.



As a part of the Halloween celebration students enjoyed making their own costumes using their old clothes. They also designed and decorated the classroom.



*Designing their costumes and decorations*

*Symmetry learning  
Simmetri shiksha*



Students learnt about symmetry through a simple mirror activity which helped develop their understanding about the concept.



Students of grade 1 are learning about community helpers and how they help us to build a community. As part of an inquiry, students interviewed the different people working in the school about their jobs and the different roles that they play in the institution.



## Grade 2:

### English:

Students of Grade 2 started a new story around the theme of "Importance of Soil". Students revised the elements of story by reading the "Seed savers" story. The story revolves around the idea of saving seeds, as there is a possibility of not having enough organic seeds. Using a lot of pesticides can damage the soil. Students learnt how to solve a problem together and come up with solutions that benefit everyone. They also practiced their writing skills by answering different story elements and comprehension on events like Diwali and Halloween. Attempting the comprehension on specific events not only improves student's vocabulary and reading skills but also provides them with an in depth knowledge about the events, traditions and cultures. Inspired by the story, students started writing their own with the essential elements of the story and illustrated their thoughts and imaginations beautifully. As grammar is an essential and integral part of literacy, students revised the parts of speech along with the story reading.

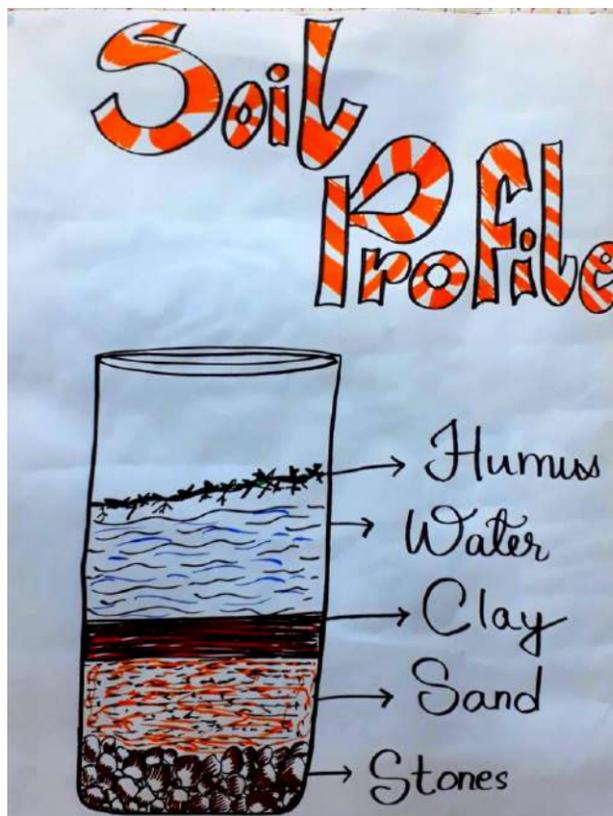


### Science:

Students investigated into the topic of rocks in their Science classes. They tuned in to the topic through their GP integration where they were learning about soil. Rocks being an important component of soil was the centre of research in the science class. Students started off by collecting rocks around the school's campus and then observing them carefully in terms of their color and texture. Then to further their knowledge they watched a video that introduced them to the three types of rocks - Igneous, sedimentary and metamorphic. Students also read various fiction and non-fiction texts to understand more about Rocks. They also came to know Sudipta Sengupta, the famous scientist and her adventures to different parts of the world. Students got so inspired when they watched the rock cycle, that they decided to enact the rock cycle and create a skit around the concept. Atharva created his own comic on the rock cycle and grade 2 will soon be having a rock exhibition.

### Math - Unit 2:

Students started exploring another concept in Math for a new Unit. They tuned into the concept through various hands on activities to learn about 2D and 3D shapes. Students enjoyed working collaboratively on the tasks given thereby building on many skills like communication, fine motor and critical thinking. They played games around the concept which helped them remember the names of the 2D shapes along with its properties. To apply the learnt concepts, students were given a project where they were asked to build, "Shapes in the City" using 2D shapes. They enjoyed doing their project and came up with creative designs and names for their cities. The festival of Diwali had students cut out the 2D shapes and create different decor for the festival. They loved playing and creating models with tangrams as well. Students also had vocabulary practice for all the new terms that they learnt related to shapes. They will continue learning about 3D shapes in the coming Unit as well.



### UOI Unit 3:

We started off this Unit with a jumbled sentence that acted as a clue for the students to guess what the Unit would

be about. The students successfully arranged the jumbled sentence and figured out the theme of the unit, which was, "The importance of Soil". Students collected soil samples and started observing it closely to find out its components. They carried on an experiment twice, once without a magnifying glass and the other with a magnifying glass to understand the soil profile. Students found out that clay, sand, stones and organic matter were also a part of soil. To make this more evident, students did another experiment where they added water to the soil, shook the container and then allowed it to rest and form layers. Through this, the soil profile was clear. Students also read and wrote their own stories in the literacy classes to understand the role of soil in our daily lives and how important it is for all the living beings.

- Grade 2

## Grade 3:

### The art of letter writing:

In today's fast paced world with advancement in technology and communication, does the good old art of letter writing have any relevance? The children of grade 3 found out that indeed, letters are still an important means of communication. They felt it was fun and exciting to send and receive letters from relatives and friends. It made them feel special to receive and read a letter addressed to them. They were also introduced to formal letter writing and their format. Children realised the importance of conveying their ideas clearly, when writing formal letters. They brainstormed the different vocabulary that were used in writing different types of letters like complaint letters, invitation letters, thankyou letters and letters requesting for information. As part of their attempts to convey the message of eco-friendly Diwali celebration, some students drafted a formal letter to the Secretary of their Residents' Association requesting them to celebrate Diwali in a safe and eco-friendly manner.

### Math:

Children continued in their quest of understanding more about the standard units of measuring weight. To have a better understanding of milligram, the students were taken to the science lab to have a look at the physical balance and were shown a demonstration of how it measures weights in milligram. They also weighed a number of items on digital and analog weighing scale, to understand weight in terms of grams and kilograms.

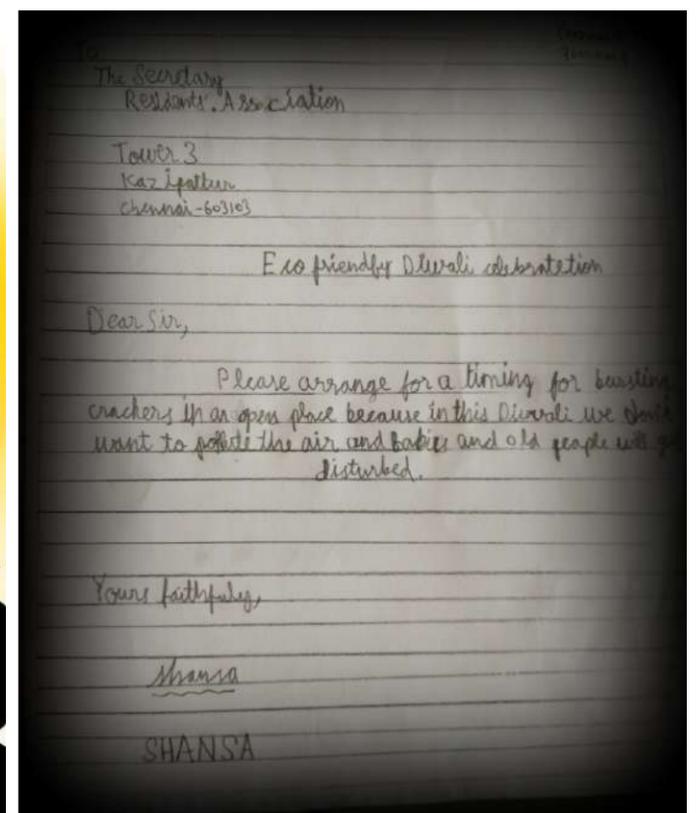


### Science:

Children identified the forces around them by observing their everyday actions. They demonstrated the forces of push and pull during their play time. They applied force on the magnetic tiles and saw the effect of change in the direction and speed as they were creating a glass house with it.



A formal letter was written by a grade 3 child, requesting to celebrate eco friendly Diwali in their apartment building.





*Grade 4:*

*GP Challenge:*

The new unit, 'My Chocolate Bar' was received by the students with enthusiasm and excitement! Students started their journey into learning all about chocolates, by first reflecting about their very own chocolate eating habits. Then, they wanted to find out the chocolate eating habits of the teachers and students in the school. A survey form was created using Microsoft Word and conducted all around

the school. What will they find out? How can they use this information to make a positive change? Wait and find out in our next edition.....



*Science*

It's all about animals and plants and their habitats in Science. Students started off by learning to use identification keys to spot any unknown species. Next, they learnt how some animals have adapted to live in their habitats, for example polar bears and cactus. As a reinforcement of what he has learnt, Reyansh explained to Vidyut who had missed the class, how polar bears have adapted to survive the harsh conditions of the Polar regions.



*Vidyut with his amazing city*



Reyansh's *'haunted house'* made from reusable materials



Asking Ms. Deepthi about her *chocolate eating habits*

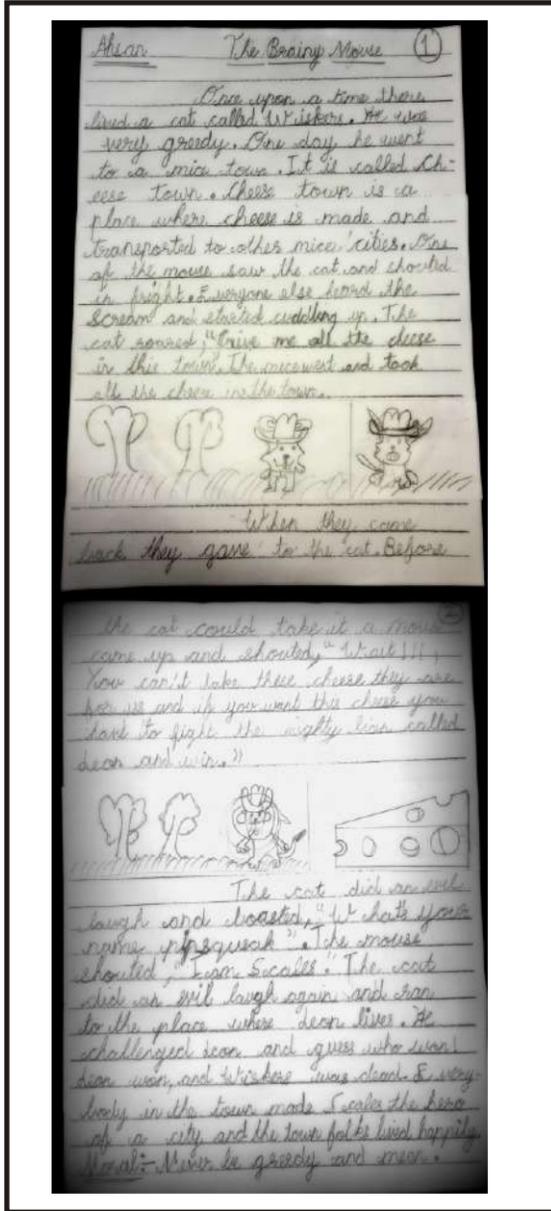


Lara has read over *50 books* in a short span of time!

## Grade 5:

### Young author:

Ahsan wrote a fable 'The Brainy Mouse', illustrated the story as well as concluded with the moral- 'Never be greedy and mean'.



### Scientist at work:

Ahsan conducted experiment on seed dispersal using wind. The following is the learning from the experiment conducted. "I found out that only few seeds can be dispersed by wind. Each seed has its own way of dispersal".



### Reading is therapy:

We set up a reading tree, each branch symbolising Harish and Ahsan. This tree is a perfect opportunity for the students to share the books they have read as well as to give feedback on their read.



### Designing is fun:

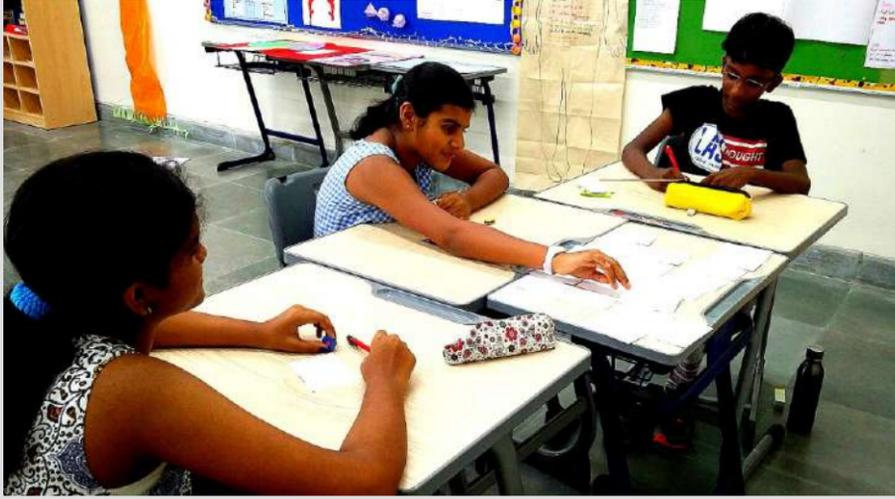
Ahsan and Harish made a model of their dream library. They integrated it with math to find the area and perimeter of the parts of the library.



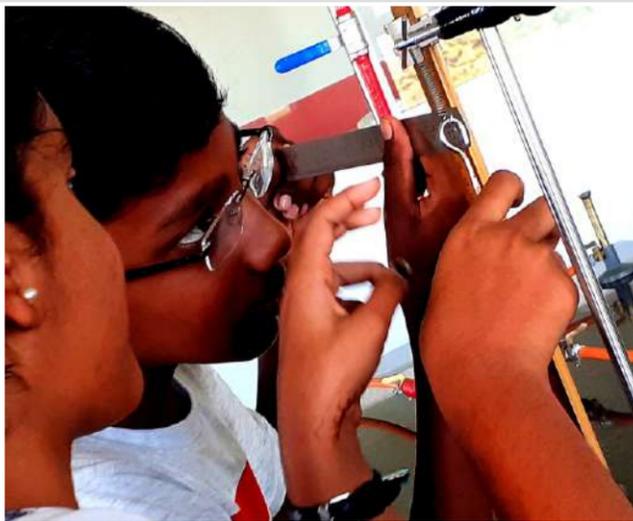
## Grade 6:

### Mathematics:

Students of grade 6 playing rapid fire quiz to reinforce measurement word problem.



Students of grade 6 measuring the height and weight of students across grades to calculate their BMI.



### Field trip

The students went on a field trip to the Decathlon sports shop to observe and identify the different types of shoes used for different sports. They learnt how the sole of the shoes differ for each type of sport. These soles are designed for better grip on the surface on which the sport is being played. This field trip was taken as an opportunity to explore the applications of Friction in real life situations.



### Science:

The students were introduced to the topic Force and were explained about its effects on objects. As an extension work, a practical experiment was performed by the students to learn the elasticity of spring (Hooke's law). Through this experiment, the students understood the term 'elastic limit' of a spring and its applications in machines.

### Demo:

Under the topic Force and its types, students performed a simple demo for their peers. The demonstration was about electrostatic force, which is a non-contact force occurring between charged surfaces. Students presented their experiment by framing a hypothesis, procedure and inference.

### English:

Students discovered the features of writing a horror story through different stations set up in the classroom. In each of the stations, the students discovered various aspects of horror stories such as a vocabulary station, a character sketch and a setting writing station, a station to discover symbolism for horror and reading stations of horror short stories. Through these learning stations, students were able to learn in an engaged manner.

### Halloween Celebration:

As an event in school, Grade 6 decorated their classroom and ushered in Halloween through various decorations and props.



### Novel study:

Students read a novel about a potters life in Korea, "A single shard". As an extension, the students went for a field trip to Dakshinachitra in order to better understand the process of making pots and be able to make comparisons and draw similarities with their experience and the book.





## French:

Grade 1,2 and 3 made their own mini Zen garden and created an instruction booklet in French. Students learnt to collaborate and work in teams. They also learnt how to write procedural writing in French.



Grade 4 students made a poster about the recipe for making "mousse au chocolat" and subsequently cooked it at school. C'etait delicious!



Grade 5 and 6 revised their vocabulary through games such as crossword and jenga. As an extension to Halloween celebration, students prepared pumpkin soup by listening to instructions in French and following them. Through this activity, the students were able to recognize the names of vegetables and materials in French. They were also able to recall the verbs related to making a soup! Bon appetit!

Children of grade 6 identified that most of the children and teachers in the school have traveled to different countries and also some of them have also relocated. Children brainstormed on the different reasons for people to travel or relocate from one place to another. As they had couple of children in their class who have relocated, they decided to find out if they were comfortable relocating and what were the challenges they faced? In order to understand the challenges they interviewed children as well as adults and understood that the challenges were not the same for both. Some of the reasons were climatic conditions, leaving their friends etc.



## Kindergarten

*Celebrations are never ending, it's the beginning of every smile.*

Learning starts with a tap and a scratch. Every year "Vidhyarambam" is a special occasion, where children have a ritual start of the academics with writing on the grains. It's a good start to activate the finger tips through a sensorial activity. On 8th October 2019, Kindergarten children celebrated "Vidhya arambam", by writing on the grains and on slate

Risk and dangers are real but fear is a choice. By celebrating Halloween children are now mindful of their thoughts on fear. They enjoyed dressing up for the celebrations.



### Academics:

Junior and senior kindergarten children are introduced to the sounds of letters through stories and songs and learnt to connect the sounds with the sounds in the environment. They enjoyed sensory activities like tracing on the sand, water, walking along the path of a letter which also gave an awareness of the formation of the letter. Stories helped to build the vocabulary, listening skills and their imagination. Children showed keen interest in exploring new words during phonics sessions. They learnt to blend sounds to make two letter and three letter words. Children had fun with numbers through various activities which included route counting using bean bags, sorting and sequencing. Children counted and compared the number of objects among themselves through which the concept of more or less was introduced.

Children explored their indoor block area and had fun constructing different structures using blocks. They had fun playing with dolls and enacting a story. They enjoyed pretending to be doctors and carried their doctor kit to meet patients waiting for them. While some children pretended to be doctors some became chefs too and prepared and served different dishes for their friends. At the end of the play they got together in cleaning up and putting back their toys.



Children loved playing and doing various activities outdoor. They were fascinated to watch insects, ladybugs, millipedes and many more, during their nature walk. They also planted seeds and watered them and children were thrilled to see the seeds growing into small plants. During washing and cleaning session, children had fun washing their aprons and indoor play clothes.



## Hindi:

The beginner level students progressed further with their Hindi language in terms of recognizing the varnmalas sounds and blending the consonants and vowels to pronounce it accurately. Students learnt the names of different colours in Hindi and can successfully recognize them. They also learnt the names of numbers from one to twenty. The intermediate level students started forming words by blending in consonants and vowels as well as comprehend simple texts. They can recognize and write the names of colours and number names from 1 to 30 independently. They are building on their reading and speaking skills with weekly reading practice and daily writing practice during their Hindi classes. Apart from this, both the beginner and intermediate level students worked on their projects, which was carefully designed for their level and understanding. This helped them gain the necessary vocabulary based on the theme. The advanced level students focused upon reading and understanding various genres of text

to build strong literacy skills. They worked upon their comprehension skills everyday by reading a lot of Hindi text related to the theme or the unit. Daily writing and reading is a common practice during the classes. Students work on different tasks and projects to help build fluency and communication skills to use the language in real life situations. Along with the skills, grammar is practiced through integration within the lessons.



## Tamil:

Exploring in depth of what is learnt is always an enriching experience. Students learnt to read and write Uyirmei ezhuthukal and made their own Uyirmei ezhuthukal cards. Students enjoyed the experience of using their Uyirmei ezhuthukal cards to read words. They learnt to read two and three letter words. Also, students enjoyed listening to the story "Maadhangaal Pannirandu". They brought their visualization of the story to life by drawing images based on the story. They learnt and wrote the Tamil names of 12 months, an activity related to the story they heard. They were thrilled to participate in an activity where they drew an image and passed it on to their friend who found out the Tamil word/name for the image drawn. They also took turns to speak in Tamil and share their experience of how they celebrated Diwali.

## Library

### My Book Review:

#### Tiger Boy

Tiger Boy was a very heart-warming and emotional story. Even though Neel, the main character, is playful and carefree, he tries to make his father happy which was really sweet. The story was set against the beautiful Sundarban forest which was described so well by the author Mitali Perkins. I liked the way the story unfolds and ends happily.

#### Just a Train Ride Away

This book was short and sweet and portrays the relationship between a boy and his parents. It is again emotional and tugs at your heart strings at every page. In the end, you will have a feeling of gratitude for what you have. It also gives a sense of hope that whatever happens in your life, things will be alright eventually. A must read even for adults.

-Rajini.S



Students made some colorful drawings of how they visualize the library.

#### New addition to the library:

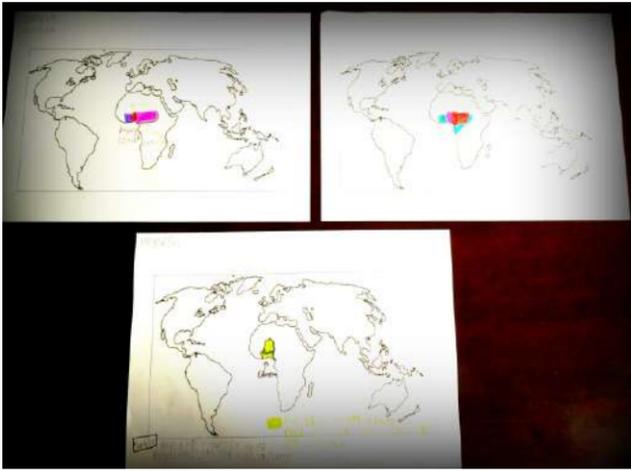
We have added some famous classics to the library collection. It is said that reading of all good books is like conversation with the finest (people) of the past centuries. So let's have some great conversation with the famous authors like Rudyard Kipling, Alexandre Dumas, Charles Dickens, Arthur Conan Doyle, Charlotte Bronte etc.

It is such a joyful moment when we find that there is a connection between the real facts and the stories of the classic literature we read. Reading these classics will have a deeper understanding of history with its culture, cultural context, beliefs, and values. It also helps us to understand the importance of hard work, obedience, and respect for others which prepares our children for the real life situations. Happy Reading!!



## Information Technology

Students of grade 4 did a research on “Largest cocoa producing country” and they tracked those countries on a world map.



Students of grade 5 interviewing our Admissions Officer Mrs. Nirjala, to understand the practical application of MS Excel in the admissions field.



Students of grade 3 enacting a scene through mime to understand the journey of how communication has evolved.



Students of grade 6 debated on the topic “Advertisement – boon or a bane” to understand its’ advantage and disadvantage. This became an mindful activity for them before learning the software “Canva” to design a poster.



Ms. Mirra - grade 6, a young designer of CSE designed a poster for Halloween.



## Dance:

### Grade 1,2 and 3:

This month students were introduced to the free style dance moves and the basics in dubsteps. They were also made to perform a small choreography to check their timing skills.

### Grade 4,5 and 6:

This month was a reflection on the steps learnt for locking and poppin. They were also taught new dance moves for dubsteps. Children were made to perform individually to check their timing skills.



## Theater



Students from classes 1 to 6 explored various aspects of storytelling through movement and narration with simple exercises. This evoked their imagination and an understanding of engagement with the audience. The students of UKG played fun integration games focusing primarily on working together as a team, towards a goal and enhancing awareness. It was indeed a different and an enriching experience across all the classes and we are currently gearing up with great excitement for a production to be staged during Christmas.

## Physical Education



### RAMP Warm up in the School's football academy:

During the after school Football coaching, our students looked upon the concept of RAMP Warm Up. RAMP is one of the most efficient ways of warming up the body. Thus, it is extremely important for anyone who is performing any physical activity to understand this concept. As stated by Ian Jeffreys, Professor of Strength and Conditioning at the University of South Wales, UK and a major figure in the field, "Time is Key", therefore nailing the warm-up in a short amount of time, they have with an athlete is the key. RAMP is the most systematic and structured method of warming up the body.



**Step 1:** Raising your heart rate, blood flow, muscle temperature, core temperature, muscle elasticity and the quality of neural activation and conduction. These are achieved through the targeted use of low-intensity movements. As shown in the picture, the students undertook a low intensity 50 metre jog to raise their heart rate and other entities mentioned above.



**Step 2:** Activating and Mobilizing the integrated joints and muscles for the real activity or game which comes later. Given that the Raise phase of the warm-up was concerned with raising key parameters of physiological performance such as body temperature and muscle temperature, what is critical is that the Activation and Mobilization phase actually builds on these temperature-related elements of the warm-up and that the benefits of the Raise phase are not lost. Effective movement requires the integrated and coordinated movement of multiple joints. Thus, Football specific compound exercise which excites various muscles and joints such as lunges. Opening - Closing the gate and other exercises were performed by the students as shown in the picture.



**Step 3:** Potentiation phase or "POS". As stated earlier, this stage builds up on the previous phases systematically. Thus, this intensity level of this stage has to be in similar intensity level of the real session or game which comes after. Thus, the students recapped the previously taught concepts of dribbling and passing at the same intensity level of that day's new topic "Football turning" as shown in the picture. The students completed the whole process of RAMP within 15 minutes.

To conclude the students learnt the concept of RAMP warmup both in a theoretical sense and inferring it through practical means in the playground.

## Trailing and Following:

During their P.E Class, Grade 4,5 and 6 explored the concept of trail - making and following. Trail making and following is one of the important skills needed when someone is left stranded. Thus, in order to understand the concept the students engaged in a Harry Potter treasure hunt activity with the help of a compass. Further mor, the students learnt of the use of the compass. As shown in the pictures, this activity involved fun and learning. Finally, they were introduced to the topic of sport orienteering which involves a timed race to collect different checkpoints in an unknown area.



### Field trip to the Decathlon store:

Students undertook a field trip to the Decathlon store in Chennai this month, for an integration topic with Science and ICT subjects. In terms of physical education, Grade 6 students understood the concept of different patterns in a shoe. Each pattern is not just a style, but also serves a function.





## Music



This month U. K. G children have learnt C major scale, to play the rhyme 'Twinkle Twinkle little star' and the carol 'Jingle bells' on the keyboard.



Grade 1, 2 and 3 have learnt to play the rhyme 'Mary had a little lamb', and the song 'Jingle Bells' using the recorder.



Grade 4,5 and 6 have learnt 'Andante', and to play 'Jingle Bells' song in recorder for the Christmas program and 5 stroke roll and single hand techniques in drums. UKG children have completed their 'Theory made easy' - level 1 book.

*Students of grade 1 to 6 have learnt tones and semitone, accidentals and tonic triad in their Trinity - Grade 1 theory books.*

## Visual Arts & Design



Student of UKG creating a Diya Art to embrace the Diwali celebrations.



WE HAD A CREATIVE & SPOOKY HALLOWEEN!!



Grade 2 - Halloween Preparation...

*Students of Grade 1 & 3 created a Gradient art. They understood the patterns created using oil pastels.*



Optical Illusion Art

- Grade 5



Mask making - Grade 5

*Students of Grade 6 designed the Origami craft with complex folding, to add more colours and creativity to Diwali celebration.*



Grade 4 preparing the poster design for school celebrations...

*Parents & students shared their reflections on fear and how they are working on overcoming them...*

## Highlights

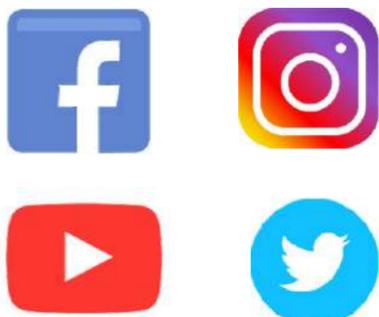


*Ms. Rajini showing the students how to harvest brinjals*



*Grade 6 started a book club and spoke about the importance of reading and how it transforms them. They took the initiative to launch a book series for the rest of the students, guiding them towards the right choice of reading material.*

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