

# IMPRINT

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# Message from the Director

# "Navigating Change in Today's World"





Heraclitus once said, "There is nothing permanent except change." This ancient Greek philosopher's words resonate strongly today, emphasizing the necessity of adaptation, acceptance, and resilience in the face of inevitable changes in life.

by Sarvalokaa

The perspective on change is crucial. While meaningful, well-researched, and planned changes can be beneficial and thriving, there's a growing concern about trend-driven changes, especially in parenting. These abrupt shifts, made to follow trends or please others, can negatively impact children's stability, security, and emotional development.

Peer-driven changes also pose challenges, as what works for one child may not work for another. Making changes solely to appease others or due to confusion can send mixed signals to children, affecting their understanding of consistency and predictability.

Reactive changes based on temporary reactions may result in a lack of resilience and problem-solving skills.

Demand-driven changes, influenced by instant gratification or peer pressure, can hinder the development of patience and perseverance in children.

It's crucial for parents to approach changes responsibly, fostering a solution-driven mindset, collaboration, resilience, and adaptability to meaningful changes. Building these skills helps children face challenges effectively, without succumbing to constant, impulsive changes that may undermine their long-term well-being.

Ms Trayee Sinha

Director





# Message from the Principal's Desk

# Sharing my story: Being a first-time Principal.

I have been associated with Sarvalokaa since its inception in 2017 and have seen the school grow ever since. I always wanted to be associated with institutions that believe in the true essence of joyful learning. Fortunately, I could find that in Sarvalokaa!

Taking the role of the principal at a school like Sarvalokaa involves a commitment to learning every day. There is a sense of excitement and responsibility about stepping into the next level of leadership and having the opportunity to make a positive impact on learners, facilitators, and the school community. The school becomes a part of you. With increased responsibilities, I believe there needs to be time for more reflection, and self-care becomes more important as every day is different.

Another great learning in this role is the ability to guide people through strategic interventions and mentoring. A school like Sarvalokaa has a dynamic setup, and everything requires involvement and hands-on work. Motivation, dedication, and adaptability are the key factors that will help one thrive. Goal setting and reconnecting with one's purpose help the team move ahead despite any challenges that we might face. As a principal, it gives me immense joy when I see my learners or team members share their success stories or express their desire to overcome obstacles to learning.

This role came quite early to me, making me the youngest principal of the Chettinad group of schools. I am glad that I was considered for it. This role has shaped me in many ways and has given me a platform to bring my thoughts alive on education. I have always been passionate about learning, and learning is limitless. Unfortunately, to this day, this idea is not explored to a large extent. When I hear about learning, the commonly expressed thought is to complete the prescribed syllabus. Whereas learning is directly linked to self-development, development which is well-rounded, and this is the reason I am glad that schools like ours refer to a "curriculum" and not only to the content of the syllabus which one needs to complete.

The curriculum is wide and takes into consideration all four domains of learning: cognitive - forming knowledge, affective - emotional growth and interpersonal development, and psychomotor - development of the body and physical abilities. During my research on learning in the UK, I came across beautiful realizations which have helped me develop a strong passion towards learning and helping others learn as well. Learning that is interconnected, cultural, and developmentally appropriate.

Though challenges are a part of any work, every day is a new learning, and as a first-time principal, I also feel confident in my abilities to facilitate this role with enthusiasm and determination. I am blessed to have a supportive network of colleagues, mentors, and resources that make my work easy and enjoyable.

Overall, being a first-time school principal is a mix of emotions, but with the right support and mindset, it is a rewarding and fulfilling experience for me!

Saran Kaur

**Principal** 



# Message from the Vice Principal

Empowering Tomorrow: A Vision for Personal Growth and Academic Excellence

Dear Parents, Learners, and my Team members,

As we stand at the threshold of a new era in education, it is essential that we empower our learners to become leaders of tomorrow. At the heart of our mission lies the unwavering commitment to nurture a generation of individuals who are not only academically accomplished but also equipped with the skills and mindset required to thrive in an ever-changing world.

Being in the leadership team of Sarvalokaa and a Cambridge Facilitator, it is my solemn duty to steer our learners towards excellence by fostering an environment that encourages being Responsible, Innovative, Confident, Engaged, and Reflective. Based on this Cambridge learners' profile, we mold our learners towards innovation, critical thinking, and a thirst for knowledge. I firmly believe that true empowerment comes from within, from the deep-rooted conviction that every learner possesses the potential to make a difference in the world.

We have developed a holistic approach to education that goes beyond textbooks and assessments. We seek to cultivate a culture of lifelong learning, where learners are encouraged to explore their passions and interests, to question the status quo, and to challenge themselves to reach new heights of achievement. This is evident in our day-to-day teaching and learning process. For example; Wall-Less classes, Green Education, Farming, SEL sessions, Portfolios (Academic, Passion & Art), Reflection journals (Opening Circle & Closing Circle), Clubs, Reading program, Service learning - SEVAA, Expert talks, Field trips, and financial literacy, etc.

Empowering tomorrow is not just about academic success; it is about instilling in our learners the values of integrity, empathy, and resilience. It is about nurturing their emotional intelligence and teaching them the importance of Connections, collaboration, and teamwork. It is about preparing them to navigate the complexities of the modern world with grace and confidence. We strive to create a supportive and inclusive environment where every voice is heard, every dream is nurtured, and every challenge is seen as an opportunity for growth.

As the Vice principal of Sarvalokaa, I am committed to leading by example, to being a disciplinary mentor and a guide to our learners as they embark on their educational journey. I believe in the power of positive reinforcement, in recognizing and celebrating the achievements of each and every learner, no matter how big or small.

In conclusion, Empowering Tomorrow is not just a vision; it is a promise to our learners as well as to the elders and to the future generations that will follow in their footsteps. It is a commitment to excellence, to innovation, and to the unwavering belief that with the right guidance and support, our learners can achieve anything they set their minds to.

Together, let us empower tomorrow and build a brighter future for all. Thank you.

Mr. John Kurian Vice Principal.



# Bridging Little Minds: A Seamless Transition from Preschool to Primary at Sarvalokaa

The transition from preschool to primary marks a significant milestone in the academic and emotional development of young learners. At Sarvalokaa, we understand the importance of this transition and strive to make it seamless and enriching for our children.

We recognize that this transition can be both exciting and daunting for children as they step into a new phase of their educational journey. Therefore, we take on the challenge by implementing hands-on learning, social-emotional learning (SEL) techniques, and incorporating green education principles into our curriculum.

Through hands-on learning activities, learners actively engage with their environment, fostering curiosity and a love for learning. Social-emotional learning plays a crucial role in helping students navigate social interactions, manage emotions, and develop empathy and resilience.

Additionally, our commitment to green education ensures that learners develop an appreciation for the environment and learn to be responsible global citizens. By incorporating sustainability practices into our curriculum, children gain valuable skills and knowledge to address environmental challenges.

Overall, our holistic approach to education at Sarvalokaa ensures that the transition from preschool to primary is not only smooth but also enriching, laying a strong foundation for lifelong learning and growth.

- Ms Marieta Restrepo (EY Primary Coordinator)









# **Melting Pot Preparations in the EY**













# **Melting Pot Preparations in the EY**



The EY learners displayed their curiosity and enthusiasm during the melting pot preparation. Throughout the 5 days of Melting Pot preparation, learners were encouraged to actively involve themselves in the activities.

On Day 1, learners watched the story "The Gift," which was role-played by the EY facilitators. The story depicts Lahmo, a young girl from Bhutan who shares happiness through the simple act of giving. Learners were surprised to see their facilitators in different Bhutanese costumes and enjoyed watching the act. They learned that the true essence of happiness lies in sharing and caring.

On Day 2, learners were excited to see taco shells and various colorful vegetables displayed on the table. They were introduced to the famous Mexican street food "Tacos" and the ingredients to be used. Learners were encouraged to choose their favorite vegetables and enjoyed the hands-on activity. They appreciated the taste, expressing it as "yummy," "tasty," and "delicious." This no-fire cooking activity helped learners engage their five senses, promoted healthy eating, and taught them about nutrition values.

On Day 3, learners had fun playing traditional games like "Pungdo," a Bhutanese shot-put, and "Dibeke," an African traditional game, under the guidance of a PE facilitator. These activities helped learners develop gross and fine motor skills, team building, and coordination.

On Day 4, beginners and PP1 collaborated to make a traditional Bhutanese craft called "Thunder Dragon." Learners were introduced to resources such as egg cartons and were encouraged to work with poster colors of their choice. PP2 learners were curious to see paper plates and crayons. They were introduced to the African Maasai necklace and encouraged to use their favorite colors to make their own necklace. PP3 learners were excited to learn about the "Headdress" used by people in Latin America. They worked with sustainable resources and displayed their creativity using crayons. Both PP2 and PP3 learners enjoyed wearing their handmade accessories and took pride in showcasing their creativity.

On Day 5, learners dressed in costumes from countries around the world and shared about their attire and props during the "Show and Tell."

The true essence of the Melting Pot was felt as the entire Early Years collaborated and participated in all the activities enthusiastically.

# Wall-less learning





















### Hands on Math- Grade 1

#### Nature is written in Mathematical language- Galileo Galilei

Mathematics is weaved into any discipline, that we delve into. Nature is a poetry of patterns, sequences, fractions, and data. Learners of grade 1 had a hands-on activity outdoors amidst nature. The lessons that nature can teach us are countless and learners could touch upon a few like a gentle breeze. They had stepped out with the objective to enhance their skills in the topic of 'Halves' and landed up walking through the nature looking at the topic of sorting with nature's gifts (stones, seeds, leaves, and twigs) as counters.



The explorative skills were focused to collect the required number of varied counters and come up with solutions. The subtle learning process of counting on, put together was an added skill enhancement through hands-on activity. Learners visited the long-done topics of even and odd numbers and discussed the different perspectives to make a number even or odd. Just as nature unveils a diverse environment, the different objectives of regrouping, addition and subtraction came as a learning experience.





#### Hands on Math- Grade 1

# Mathematics is not a careful march down a well cleared highway, but a journey into a strange wilderness, where the explorers get lost- W.S. Anglin

Learners had lost the path from the main objective, but the immense learning that came as a bundle of other topics helped them feel confident of the topics. The specialising skills of measures had a sneak peek as we did fractions. Critiquing on what objects can be compared and what cannot be, gave the picture of clarity of understanding. They sorted grading the objects from thin to thinnest and small to smallest, tall and long too!

Have we ever wondered about weighing the little objects around us? The fun of estimation and learning the exact mass made it a joyful learning experience for the learners. It was joy to weigh the erasers, notebooks, soft dolls and pretend play toys using the weighing scale. The nature items were not skipped and the weight of sand, leaves, feathers, rocks, and twigs enhanced their estimation and evaluation skills. Do we remember the places where we use non-standard ways of measuring objects? But yes, Learners of grade 1 could quickly recall the situations wherein we use them and how it is quick and easy way of estimating! Moving from non-standard ways to standard ways of measuring, with the answer of why the standard ways takes advantage depicts their critiquing skills.





A child's capacity of learning cannot be measured! Introducing the scenarios wherein we use it casually, like at the airport, lifts, threw the curtains of capacity meaning only a liquid. The measuring jars of different capacities paved the way for the learning of fractions and regrouping. Exploring capacity of a backpack was a surprise as the usual image of capacity was preset and they loved estimating the capacity of the backpack.

The learning experience on the topic of measures was not for the learners alone, the facilitator as the examples and the perspectives of the learners gave me the learning experience.

- Ms Sahithyaa (Grade 1 Facilitator)



# **Exploring the World of Similes**

In the vibrant world of Grade 2, learning takes on a playful twist as learners engage in a unique game reminiscent of passing the parcel. However, the added challenge lies in crafting spontaneous similes with the placards they find in their hands.

This interactive experience serves as a delightful introduction to the world of similes, were comparisons blossom through creative expressions. The game not only fosters linguistic skills but also sparks imaginative thinking as the students explore the art of likening one thing to another.

As these young minds delve into the realm of similes, a remarkable growth unfolds. The ability to conjure vivid comparisons on the spot not only enhances their language proficiency but also cultivates a deeper appreciation for the richness of expression.

Now equipped with this newfound linguistic prowess, Grade 2 students have taken a leap into the realm of simile poems. Their poetic endeavours showcase the seamless integration of play-based learning and creative exploration, illuminating the path to linguistic development and self-expression in these formative years

- Ms Bhumija K (Grade 2 Facilitator)











#### Interactive walls

Interactive walls in the classroom serve as dynamic learning spaces, creating engagement, collaboration, and active learning among learners. These interactive displays offer various opportunities for hands-on exploration across various subject areas.

In Grade three, we have created walls with a subject specific. On the literacy wall, learners explore the intricacies of language by interacting with information on parts of speech. With labelled pockets for nouns, verbs, adjectives, and more, learners construct sentence structures, selecting words and placing them in the corresponding categories. This tactile activity not only reinforces grammar concepts like simple sentence structure but also nurtures creativity in expression. These walls keep changing whenever a new topic is introduced.

In the math wall, currently dedicated to fractions, learners engage in immersive learning experiences. Here, they manipulate fraction pieces, utilizing fraction walls to explore concepts such as addition, subtraction, and comparison. Through hands-on interaction with fraction models, abstract mathematical concepts become tangible and comprehensible.

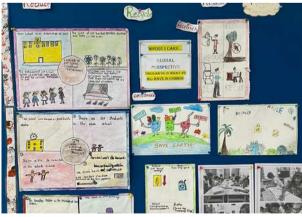
In the science wall, the air crackles with excitement as learners immerse themselves in experiments and inspiring observations. With the aid of visual aids and informative posters, they decode the science concepts, fostering a curiosity for discovery.

The global perspectives (G.P) corner acts as a reflection for the learner's perspective to education that emphasizes understanding global issues, cultures, and interconnectedness. The wall reveals the learner's global awareness through posters.

Soft boards provide spaces for reflection and ideation. For instance, a dedicated area may prompt learners to contemplate critical topics like water conservation. Learners share their reflections, proposing innovative strategies to save water, such as fixing leaks or taking shorter showers. By contributing their ideas, learners not only deepen their understanding but also inspire collective action toward environmental responsibility.

- Ms Bhuvana Gr 3 Facilitator











#### Theater at Sarvalokaa

Our enthusiastic learners delved into a comprehensive study course, exploring the vibrant realm of theater. This immersive experience provided them with the opportunity to cultivate essential soft skills, fostering empathy and facilitating effective interactions with others, thereby contributing to holistic human development, irrespective of their chosen career paths.

#### What is theatre?

The term "theatre" originates from the Greek word "theatron," meaning "seeing place." Theatre is a collaborative form of fine art that employs live performers to present the experience of real or imagined events before a live audience in a specific venue.

Learners embarked on a journey of exploration, delving into various perspectives of the world. Stepping out of their comfort zones and assuming different roles in theatrical productions allowed them to experience diverse facets of character, thereby boosting their confidence and belief in their own capabilities.

As we know, theatre is a complex art form that amalgamates words, voice, movement, and visual elements to convey meaning, making the act of performance intricate. However, Sarvalokaa's integrated learners, through dedicated practice and rehearsal, demonstrated that hard work and commitment can overcome any challenge, resulting in remarkable performances.









## Theater at Sarvalokaa









To be specific, "Elephants Can Dance" delivers a poignant message about pursuing one's dreams.

#### **ELEPHANTS CAN DANCE**

Another production, "Buy one, get one free," showcases its wit and humor.

Undoubtedly, the learners' performances were awe-inspiring, leaving indelible impressions on the audience. Moreover, beyond mere entertainment, these productions provided enlightenment and education. Through theatre, learners enhance their critical thinking skills and develop independent perspectives on challenges. Ultimately, by exploring diverse themes and narratives on stage, theatre facilitates individuals in gaining a deeper understanding of themselves and the world around them.

- Ms Premabati Chanu (Grade 4 Facilitator)



## Second language at Sarvalokaa

At Sarvalokaa, the process of learning the second language goes beyond linguistic acquisition; it serves as a gateway to fostering cultural understanding, empathy and appreciation for diverse perspectives and experiences. Interactive activities such as interviews, discussions, role play, and music to break down barriers, promote cross-cultural communication, and build bridges between individuals.

In pre-primary and primary levels, second language learning is associated with cognitive benefits such as enhanced memory, problem-solving skills, creativity and critical thinking abilities. Learners are engaged through picture reading, songs, rhymes, hands-on activities such as identifying the sounds of the animals and birds, action words and salutations to make the learning experience enriching and enjoyable.

For Middle and Secondary grades, the IGCSE curriculum is followed, interwoven with green education integrating cultural knowledge and communicative skills. It is age-appropriate, scaffolded and aligned with proficiency standards to ensure effective learning outcomes.

Our approach to second language learning involves experiences, sustainable materials, cultural events, guest speakers and language-rich environments both inside and outside the classroom. Exploring news from various countries and cultural perspectives exposes learners to diverse worldviews, nurtures empathy and instills a sense of global citizenship.

Ms. Srividhya.V

Coordinator Middle School









# **Embarking on a Magical Journey**

#### Fifth Grade Learners Dive into "The Magic Finger" Novel Study

Embarking on an enchanting voyage into the world of literature, the fifth-grade learners at Sarvalokaa are gearing up for a captivating novel study adventure centered around Roald Dahl's beloved classic, "The Magic Finger." With eager anticipation and boundless curiosity, these young minds are poised to delve into a world of magic, wonder, and profound life lessons.

#### **Unlocking the Magic of Reading:**

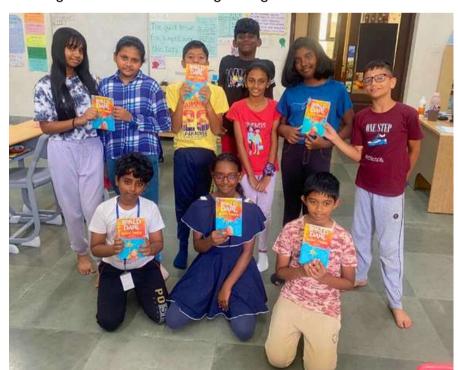
At the core of the novel study lies a deep appreciation for the transformative power of reading. Through the pages of "The Magic Finger," students are transported to a realm where imagination knows no bounds and where the ordinary is infused with extraordinary magic. As they follow the adventures of the young protagonist with a magical gift, students will not only sharpen their literacy skills but also cultivate a lifelong love for the written word.

#### **Exploring Themes and Lessons:**

"The Magic Finger" transcends being merely a whimsical tale—it's a narrative that ignites meaningful conversations about empathy, kindness, and the consequences of our actions. As students journey alongside the characters, they'll grapple with important themes such as understanding, compassion, and the power of standing up for what is right. Through guided discussions and reflective activities, learners will glean valuable insights and develop a deeper understanding of themselves and the world around them.

#### **Interactive Learning Experiences:**

The novel study experience extends far beyond the boundaries of traditional classroom learning. Through a variety of engaging activities and projects inspired by the book, students unleash their creativity, critical thinking skills, and imagination. From artistic endeavors such as creating illustrations of key scenes to dramatic reenactments of pivotal moments, learners actively immerse themselves in the magical world of "The Magic Finger."









# From Classroom to Canopy: Unravelling Nature's Tapestry of Food Chains and Food Webs

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- Ms. Yamini D (Grade 6 Facilitator)















## AS Level at Sarvalokaa



We're excited to announce the launch of the AS level for the academic year 2024 – 2025, marking another significant milestone for us. The AS curriculum, a one-year course followed by A level, is meticulously designed to prepare learners for university study, garnering recognition from universities worldwide.

At Sarvalokaa, our AS level program aims to cultivate deep subject knowledge, conceptual understanding, and higher-order thinking skills. We offer a diverse array of subject choices tailored to cater to the interests of different learners. Grouping subjects into domains like Science, Arts, and Business enables learners to align their academic pursuits with their goals effectively.

In addition to academic prowess, our learners develop essential life skills such as confidence, responsibility, reflection, innovation, and engagement. To facilitate a smooth transition for our G10 learners and newcomers from other curricula, we've introduced a bridge course in March and April. This course revisits crucial concepts from G10 subjects and provides insights into new ones, laying a solid foundation for academic success.

We believe in enriching learning experiences, hence AS learners will have opportunities for internships within their domains with the Chettinad group of institutions. Moreover, our commitment to our learners extends beyond the classroom through comprehensive career counseling sessions, guiding learners in making informed decisions about their future paths.

In summary, both learners and facilitators eagerly anticipate an enriching and explorative journey at the AS level, setting the stage for academic growth and personal development.

Ms Revathy Indragopal (Senior Coordinator IGCSE)







# **Unveiling Wonders of Physics**



#### Grade 7 Learners Dive into the World of Phenomena

Physics is often viewed as a complex subject, but for Grade 7 learners, it's a realm of wonders waiting to be explored. They dive into fundamental principles like reflection, refraction, pressure, and diffusion, discovering the awe-inspiring aspects of the universe.

In a classroom setting, concepts like balanced and unbalanced forces are demonstrated through engaging activities like tug-of-war, providing firsthand experience of Newton's laws of motion. Students explore moment or torque using a see-saw, understanding the interplay of force, distance, and rotational motion.

Real-world examples make abstract concepts tangible. By pressing on sand, learners grasp the concept of pressure distribution in solids. Intriguing demonstrations, such as the implosion of the Titan submersible, illustrate pressure differences in liquids at different depths, sparking curiosity about the forces beneath the ocean's surface.

Balloons become tools for understanding pressure in gases, laying the foundation for Boyle's law. Diffusion is explored through a captivating experiment with perfume, showcasing how particles move from areas of high to low concentration.

The behaviour of light is another captivating aspect. Through experiments with pencils in glasses of water, learners witness reflection and refraction, connecting theory to everyday occurrences.

Grade 7 marks the start of an exciting journey into physics. Through hands-on experiments and real-world examples, students not only develop a deep understanding of fundamental concepts but also foster a love for science, laying a solid foundation for future explorations.

- Ms Shilpa (Grade 7 Facilitator)











# Baking Master Class: A Sweet Journey

The aroma of freshly baked treats fills the air as the baking club takes center stage at our school's events. From delectable cookies to mouthwatering cakes, our talented bakers never fail to impress with their culinary creations.

Participation in the baking club has been a delightful journey of learning and growth. Through hands-on experiences and expert guidance, members have honed their baking skills while discovering the art and science behind the perfect pastry. From mastering techniques like kneading dough to decorating cakes with precision, every session is a new opportunity to expand our culinary horizons.

Beyond the kitchen, our baking club has become an integral part of school events, delighting fellow students and faculty alike with their delicious offerings. From bake sales to special occasions, our bakers' creations are always in high demand, showcasing not only their talent but also their dedication to spreading joy through the magic of baking.

As we continue our baking master class education, we look forward to creating more memorable moments and sharing our love for baking with the school community.







# Overcoming Challenges and Embracing Opportunities

The period of transition from IGCSE to AS level for learners marks a pivotal moment in their educational trajectory, where they embark on more advanced and specialized subjects.

Facilitators play a crucial role in helping learners navigate this transition smoothly. They provide comprehensive guidance on subject choices, career pathways, and university entrance requirements. Moreover, facilitators focus on developing important skills such as critical thinking, problem-solving, and independent research, which are essential for success at the AS level.

Learners, on their part, experience a mix of emotions as they transition to AS level. While some may feel excited about the opportunities to explore their chosen subjects in greater depth, others may feel anxious about the increased workload and academic expectations. However, with the right support and mindset, these challenges can be overcome.

The move to AS level offers learners the chance to develop a deeper understanding of their subjects and cultivate a genuine passion for their chosen fields. It also encourages them to become more self-directed learners, taking responsibility for their own education and setting academic goals that align with their aspirations.

- Jalaja Ganesh (Grade 10 Homeroom Facilitator)











# Immerse Yourself in Vincent Van Gogh's World at Sarvalokaa Art Exhibition

Sarvalokaas' community was recently treated to a mesmerizing experience during our 2023 - 2024 art exhibition, where Vincent Van Gogh's masterpieces came to life in an immersive showcase. The highlight of the event was a captivating art installation created using crepe paper, stretching an impressive 25 feet by 14 feet in size. What made this display truly special was its collaborative nature, with Grade 9 learner Sakthi Elangovan IGCSE art student lending her talent to bring Van Gogh's vision to fruition.

Visitors were transported into Van Gogh's world through the ingenious use of two projectors, casting his vibrant and expressive paintings onto the walls of the dance room. This immersive approach allowed guests to immerse themselves fully in the artist's tumultuous emotions and distinctive brushwork.

The choice of the dance room as the exhibition space added an extra layer of depth to the experience, with the reflective surfaces enhancing the impact of Van Gogh's iconic works. As visitors moved through the room, they became part of the artwork, their movements merging with the swirling colors and dynamic compositions.

For art lovers, this immersive journey into the heart of Van Gogh's genius was an unforgettable experience, a testament to the enduring power of art to captivate and inspire. Sarvalokaa's art exhibition not only celebrated the legacy of one of history's greatest artists but also showcased the boundless creativity and talent of the next generation of artists.

- Team Art and Design department









At Sarvalokaa, we recognize the significance of physical education for pre-primary and primary learners, as it contributes to their holistic development and well-being. Various games were organized for physical, cognitive, and socio-emotional growth. These activities play a pivotal role in cultivating healthy habits, enhancing coordination, refining motor skills, and facilitating social interaction. As learners progress to middle and secondary levels, our focus shifts towards promoting physical fitness, honing motor skills, instilling sportsmanship values, and nurturing a lifelong appreciation for physical activity.

To ensure an effective physical education program for learners we actively cultivate sportsmanship qualities and promote the development of the seven habits through a variety of intramural competitions and routine track events. One of our highlight occasions is Sports Day, a meticulously planned event comprising diverse activities such as drills, sports lamp lighting, and competitive games. During Sports Day, we invited parents, urging them to engage in the sports activities alongside the learners. This serves to underscore their significant influence as role models in shaping the holistic development of our learners while also allowing them valuable experiential learning opportunities.

By incorporating elements such as sportsmanship and teamwork into our physical education program, we aim to empower learners to lead active, healthy lifestyles and develop the skills and attitudes necessary for success both inside and outside the classroom.

-Mr. Arun Pandiyan (Directtor of Sports)



# Sports day at Sarvalokaa















# Sarvalokaa Residence - The home away from home





The residence's daily routine emphasizes efficiency, productivity, and personal well-being. Mornings begin with exercise, freshening up, and a brief meditation session to focus the mind. A nutritious breakfast follows, featuring fruits, whole grains, and protein. The hostel prioritizes a healthy work-life balance, allowing time for leisure and exercise. Mid-day snacks and lunch provide a chance to refuel and socialize. After class, residents pursue various activities based on their preferences. Some relax, read, or connect with friends, fostering a vibrant atmosphere. Prep time in the dorm allows students to organize belongings and complete assignments in a comfortable setting. Communication with parents occurs via calls, video chats, or messaging, maintaining familial connections. As bedtime nears, activities wind down, preparing for rest. Lights out signals the end of the day, with residents retiring for sleep. The routine cultivates camaraderie, balance, and well-being, ensuring academic engagement and emotional support.

- Residence (Mr.Dennies Raju)







# Celebrating Christmas at Sarvalokaa

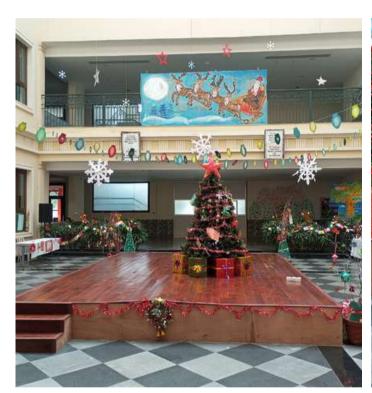


At Sarvalokaa, Christmas isn't just a holiday; it's an occasion for the entire school to come together in harmony. One of the most cherished activities is the carol singing sessions, where learners from all classes unite to sing melodies old and new.

But the festivities don't end there. The annual Christmas fair is a spectacle to behold, bustling with activity and brimming with creativity. Here, the fruits of labor from our school clubs are proudly displayed and offered for sale. From intricately crafted clay sculptures to delectable baked goods, each item is evidence to the passion and talent of our learners. Visitors roam the stalls, admiring the craftsmanship and indulging in the delightful treats, knowing that every purchase supports the school community.

Christmas at Sarvalokaa is more than just a celebration; it's a tapestry of togetherness, creativity, and goodwill, weaving memories that will warm hearts for years to come.

- Facilitators (Grade 5 & 9)









# The 75th Republic Day



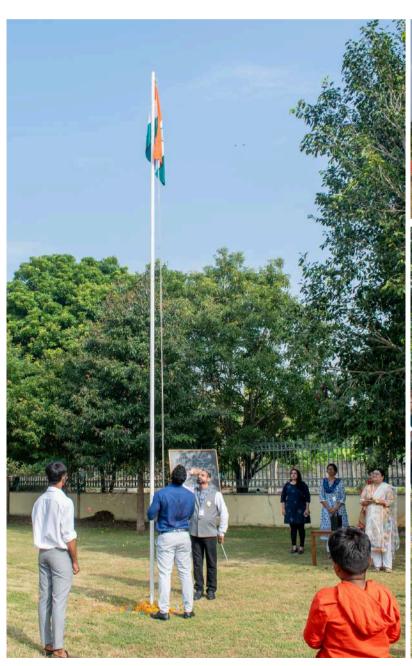
Republic Day symbolizes the unity in diversity of our country and reflects the ideals of justice, liberty, equality, and fraternity. This occasion has a special significance for schools, as they aim to foster a sense of pride and awareness in learners about the nation's values and constitution.

The 75th Republic Day was celebrated with pride and reverence at Sarvalokaa. The day commenced at 9 am with the hoisting of the tricolor flag by our school VP, Mr. John Kurian. Flag hoisting was followed by the National Anthem to pay tribute to our motherland.

The event witnessed the presence of our learners, members of the Learners council, leadership team, facilitators and dear parents. Sweets were distributed among the attendees since it is a day of rejoicing and merry-making. The celebration continued with a cricket match where learners and parents collaborated and participated enthusiastically.

This Republic Day <u>celebration</u> was not just a commemoration but an embodiment of the spirit of unity and resilience, mirroring the values enshrined in the Indian Constitution.

- Facilitators (Grade 5 & 9)







# Melting Pot at Sarvalokaa



In Sarvalokaa, we love all the different cultures. Every year, we have a special event called the Melting Pot. In this event, learners from all over the school learn about five different places: Africa, France, Latin America, India, and Bhutan.

Learners spend a lot of time researching these places. Then, they make interesting displays to show what they've learned. There are posters with facts, and little models of famous landmarks. It's like taking a trip around the world without leaving the school!

But it's not just looking at displays. Learners also get to experience each culture. They taste different foods, learn dances, and even try speaking other languages.

During the event, there are performances that show off what children have learned. We hear African drumming, see Indian dances, and more. It's like a big party celebrating all the different ways people live.

Parents come to the event too. They look at the displays, try the food, and enjoy the fun atmosphere. They're happy to see their children learning about the world and being open to new ideas.

The Melting Pot event is special because it shows how learning about other cultures can bring people together. It's like a reminder that even though we're all different, we can still be friends.

- Facilitators (Grade 5 & 9)







# Melting Pot at Sarvalokaa

















# Restorative project: Green Education Initiative

Restorative projects provide learners with a hands-on learning experience. This active engagement allows learners to understand environmental concepts better, such as conservation, sustainability, and the impact of human activities on ecosystems. The projects often involve working directly with nature and help learners develop a deeper appreciation and understanding of the natural world. Through participation in the restorative project, our learners understood the importance of environmental stewardship. They take responsibility for improving the environment, which instills a sense of accountability and commitment to sustainable practices. Green education encompasses various disciplines, including science, ecology, geography, social studies, and even art and literature. Restorative projects integrate these subjects, providing a holistic learning experience that connects environmental issues to broader societal contexts. As a part of the restorative project, learners could identify the importance of waste management and shared responsibility towards keeping the environment clean and pleasant. This opportunity has empowered our learners by giving them a sense of agency and efficacy. They realize that they can make a positive difference in addressing environmental challenges, which boosts their confidence and motivation to continue advocating for sustainable practices.

- Ms Saran Kaur (Principal)













The recent outbound trip organized by Sarvalokaa to Yelagiri was a thoughtfully crafted experience aimed at imparting essential life skills to the participating children. Throughout their stay in Yelagiri, the learners engaged in various activities and challenges that contributed significantly to their personal development.

The trip underscored the significance of self-care, teaching the children how to prioritize their well-being amidst diverse tasks and circumstances. They learned effective time management skills, ensuring they could balance their duties while still looking after themselves.







Moreover, the excursion provided ample opportunities for the learners to enhance their socioemotional competencies, including empathy and compassion. Participating in service-learning initiatives, like teaching art and playing games with peers from another school, enabled them to grasp the value of altruism and embrace diversity. The outing encouraged the learners to become more self-reliant and proficient problem-solvers. Whether navigating outdoor adventures or coordinating group activities, the children had to rely on their own abilities to surmount obstacles and achieve objectives.

In essence, the Yelagiri excursion wasn't merely a recreational getaway; it served as a holistic learning voyage centered on personal development, fostering friendships and emphasizing the importance of community service. It offered children a platform to nurture essential life skills in a fun and engaging environment, setting a robust groundwork for their continuous growth and achievements.





# Clubs at Sarvalokaa - initiatives and learning

Clubs at Sarvalokaa play a vital role in the holistic development of learners, educators, and the entire school community. They offer a platform for social interaction, personal growth, academic enrichment, leadership development, and community engagement.

The Art Pods and Baking Club transcends mere creation; it fosters camaraderie and collaboration. Learners exchange tips, tackle challenges together, and celebrate each other's achievements, nurturing a strong sense of community and belonging.

Sustainability initiatives like Bit Science and Forest Frames Club inspire creativity and innovation. By prompting students to tackle real-world problems, they encourage critical thinking and inventive solutions, fostering a culture of sustainability.

The Gifts of the Green and Hey Clay Club raise awareness about environmental conservation, promoting eco-conscious behavior and lifestyle choices. This instills a sense of environmental responsibility and stewardship in learners and the wider community.

The Story Box and Crafting and Weaving Clubs provide inclusive spaces where learners from diverse backgrounds can unite, share perspectives, and celebrate differences. This promotes inclusivity, tolerance, and understanding within the school community.

Overall, Sarvalokaa's clubs contribute to a vibrant and inclusive school environment, allowing learners to thrive academically, socially, and emotionally.

- Ms. Akansha (Grade 10 Facilitator)















# Sleepover at Sarvalokaa



The sleepover at Sarvalokaa, spanning from Grade 3 to 10, is a cherished event fostering camaraderie and fun-filled memories. As dusk descends, learners embark on nature walks, immersing themselves in the tranquility of the surrounding environment. The crackling bonfire becomes the heart of the gathering, where laughter and stories intertwine under the starlit sky. Engaging games and activities further strengthen bonds, encouraging teamwork and sportsmanship among peers. Amidst all the activities learners share moments of joy, forging friendships that transcend the confines of the classroom. The sleepover provides an opportunity for relaxation and cultivates a sense of belonging and community spirit, leaving a mark on the hearts of all who participate.

- Ms. Marieta Restrepo (Early and Primary Years Coordinator)











# Glimpse 2023-24







































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